Foreword from the President of UH-GAF

It is a great pleasure to write this foreword for the first physiotherapy newsletter from UH-GAF. Our full degree programme started this year and I am so impressed by the commitment of our students, staff and clinical educators to making this programme one of our flagship degrees at UH-GAF. Of particular note is the way in which students are exposed to clinical practice early on during their studies and I am sure the memory of their first foray into the clinics will remain with them for many years after they graduate. I hope that you find the content of this newsletter both interesting and entertaining and that it provides a window on the range of activities that have been happening in Physiotherapy at UH-GAF.

Professor Vincent Emery PhD FRSB FAST

Foreword from the Provost of UH-GAF

It is my pleasure to introduce the first newsletter of the Physiotherapy programme at the School of Health Sciences and Social Work at UH-GAF. The Physiotherapy programme is the first UK franchise physiotherapy program in the Middle East and the Mediterranean Sea countries. I am proud of the high-tech and comprehensive facilitates (practical labs and clinics) that UH-GAF has provided to the Physiotherapy programme. It is worth to note that the physiotherapy programme at UH-GAF differs from other programmes available in our beloved Egypt in providing the students with extensive clinical experiences during their course study starting from the first year of study. The clinical training is achieved through the collaborations with multiple placement centers/hospitals and health care providers.

Prof. Alaa Ata, Provost, Ph.D. Civil Engineering, University of Houston, Texas, USA

Introduction

It’s an honor to announce our BSc (Hons) Physiotherapy program is the first UK franchise physiotherapy program in the middle east. By adopting a problem-based integrated thematic approach, the Physiotherapy degree offers foundation studies in anatomy, physiology, kinesiology, biomechanics, therapeutic practice and electrotherapy. Research and inter-professional working are considered core dimensions of the programme of study with students actively undertaking and engaging with research across the programme.

Dr. Amira Draz, Dean of Physiotherapy programme
Practical skills are developed throughout the programme and are facilitated by the thematic scenario-based approach to learning and teaching, supported by practical laboratory sessions, specialist high fidelity simulation sessions in our practical and stimulation labs, as well as in small group discussions and tutorials.
Placement

Placements give the opportunity to link the theoretical knowledge and practical skills learnt in the University setting, to the real-life practice situation. Practice placements are interspersed with studies giving students the all-important valuable experience that are needed to be a competent professional Physiotherapist. More specifically the indicative number of practice placement hours per year are:

- **First year:** 204 hours (usually a two and four-week placement)
- **Second year:** 340 hours (usually two five-week placements)
- **Third year:** 510 hours (usually three five-week placements)

During practice placements support, supervision and education are given from highly qualified clinicians while maintaining links to tutors back at the University. Tutors visit each student during every placement, to provide additional support and guidance as required.
Dr. Mohamed Abd El Raouf  
·Director of Pain Unit—Faculty of Medicine—Cairo University & Member of Executive Management Board of the Egyptian board in Anesthesia, Intensive-care and pain management gave a lecture on advanced technology on using radiofrequency in the management of pain on Thursday the 16th of December 2021.

OSCE-Objective Structured Clinical Examination

was held for hour first module; Foundations of Physiotherapy in December. It tests clinical skill(s) performance and competence (knowledge, skills and attitudes) such as communication, clinical examination, medical procedures/prescription, clinical decision-making, clinical thinking/reasoning, exercise prescription, joint mobilization/manipulation techniques and/or interpretation of clinical outcome results.

OSCE was performed by multiple examiners in three different stations; Walking aids; Movement analysis; Exercise prescription, that were time constrained for 6 minutes for each station.

FPP Team celebrating Christmas at UH on the last day of OSCE exam